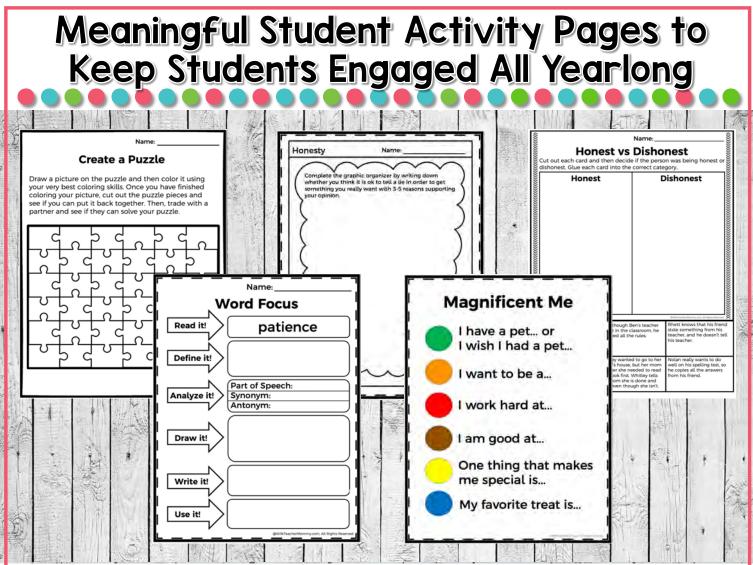
6th Grade Social Emotional Learning

Review Lesson Self Reflection You will need: Name: Picture Book About Emotions Name **Evaluating the Resu** Self Reflection Worksheet (one per st Gratitude Self Reflection Drawing Activity (one Complete the page by illustrating each sc Self Reflection Surveys (one per stude results of a decision you made by explain Crayons or Colored Pencils I didn't feel like going to Instructions: school so I pretended to go and went to the park instead. ٠ Monday: Read a Book As you read the story, have the stud emotion by making their face show Have your students write a self refle journal. Tuesday: Reflection Journal Have your students write a self refle iournal. I text someone something After they write their self reflection really mean and then lied and share with a partner. said it was my friend who sent it. Notes I really wanted to go to my friend's house but, I knew I 36 weeks! needed to study for my science test so I stayed home to study.

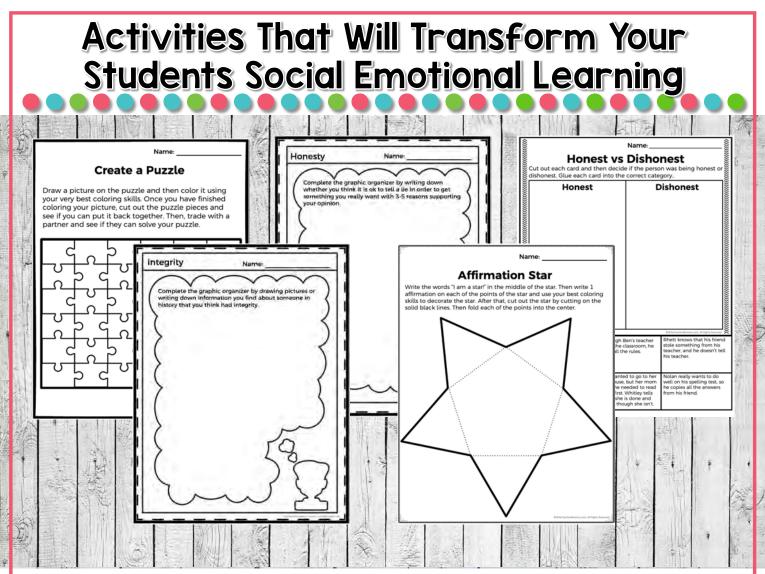
Note to Educator and Easy to Follow Lesson Plan Overview and Outline to Save You Time Planning

Congratulations! This product contains 36 Weeks of So Emotional Learning activities! All you need to do is prin We know your kids will benefit from these engaging a will help fostkir positive relationships with others and a ense of self for each of your students.	nt and gol ctivities that		aonship	Learning Out	
Simply print or copy each page for each of your stude lighly recommend organizing them in a binder for yo o that they can be easily accessed.		eks of Social Learning Outline	ills	 Leadership Conflict Resolution Offering Support Whe Needed 	Weekly Lesson Plan Outline/Overview
Head over to our Amazon page to find all the books recommended within this product. https://www.amazon.com/https//withitachemonium/3 SRA8550. If you haven't already, be sure to check out Wrife Teach Club so you can access even more recource just like it thiss.//www.withitsachemonium.com/kel/write-teacher club? If you have any questions about this product at all, plit to email us at <u>reliable involvement</u> area. Rest easy now? @ Team Wife Teacher Mommy	Self 1. Be Yourself 2. Patience 3. Honesty Awareness 4. Integrity 5. Positive Self Talk 6. Identifying Your Emotions	cial eness	 Recognizing Strengths in Others Respecting Differences Empathy & Compassion Showing Concern for Others Gratitude 	You will need: We have included a list of everything you will need for each week's lesson plans. Instructions: • Monday: Read a Book and Have a Classroom Discussion	
	Self Management	Sector State and Sector States		 Contributing to the Well- Being of the Whole Self Awareness Self Management Responsible Decision Making 	Each Monday you will read a book themed to that week's focus. Reading the book is potenal, but highly encouraged. If you choose not to read the book aloud, you can still introduce the week's theme by leading the discussion. • Tuesday, Writing Activity (Brainstorming) Each Tuesday, but will ad a discussion and review the things that were tableed about in Monday facous Some weeks we have included a graphic organizer to be used.
	Decision			4. Relationship Skills 5. Social Awareness 6. Self Reflection	a graphic organizer to be used. VecInesday, Writing Activity Each Wednesday, your students will complete a writing activity. Thursday: Art Activity Each Thursday, your students will complete an art activity centered around the week's theme. Friday: Activity Each Friday. Your students will participate in a fun, themed activity to

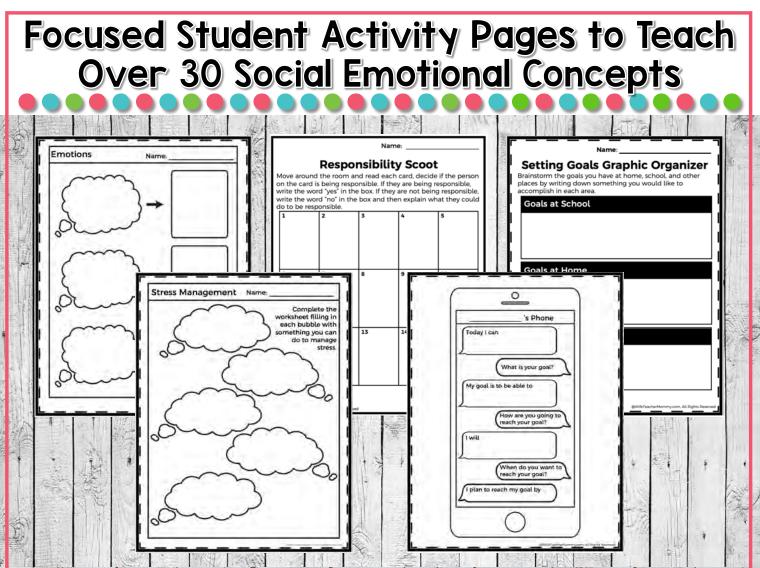
The Weekly Lesson Plan Outline page gives you an idea of how you could implement the activities into your daily instruction. (However, feel free to implement the activities however they fit into your schedule!)



There are 36 weeks of social emotional activities included. These were designed so you could have an activity for every day of the school year, but you can assign them as you see fit.



Your students will enjoy each and every activity. Each activity has been designed with your students' social and emotional needs in mind.



Each week focuses on a specific skill, and we have created an activity for each day to help students master each skill. Your students will learn about 30 different concepts and then spend the last 6 weeks reviewing the skills they have learned.

Easy to Follow Weekly Lesson Plans to Save You Time

Self Management Lesson Setting Personal Goals

You will need:

- Video Clip <u>Setting Goals for Rids</u>
- Setting Goals Graphic Organizer page (one per student)
- Cell Phone Writing(one per student).
- Vision Board Ione per student)
- · Crayons or Colored Pencils

Instructions:

Notes

- Monday: Video Clip
- Show the video clip Setting Go
- Then ask the students, "Why is it
- "What are some goals you have?
- Tuesday: Day 1- Writing Activi
 Start the day off by brainstormir personal goals you have for your set goals).
- Pass out the Setting Goals Graph students brainstorm some ideas students pair share their ideas v

Self Management Lesson Setting Personal Goals

Instructions:

Notes

- Wednesday: Day 2- Writing Activity
 - Hand out the My Goal worksheet to each student and have them pull out their brainstorming page from yesterday. Have them review their goals with a partner and then choose one to focus on and write about on the cell phone writing page.
- Thursday: Art Activity Create a Vision Board
 - For this activity, your students will create a vision board! This vision board is a place for them to put all their goals and dreams in a visual place. They can use magazines, drawings, pictures, etc.

Friday: Make a Bucket List

Your students will enjoy creating a bucket list for the school year, summer, or their childhood. Your students can make a list to save of all the fun things they want to do! They can write or draw each item on their list.

Responsible Decision-Making Lesson Evaluate the Results

You will need:

- Video Clip <u>Consequences</u>
 Evaluating the Results Writing Page (one per student)
- Evaluating the Results whong Page (one per studen)
- Evaluating the Results Worksheet (one per student)
 Results Matching Card (one per student)
- Results Matching Card (one p
 Crayons and Colored Pencils

ons:

y: Video Clip v the video Clip - <u>Consequence</u> v ask the students. "What di equences?" Have them pair

rtner. I a discussion about positive equences.

y: Day 1- Writing Activi I a class discussion about a had to make. Evaluate the r i a positive result or a negation

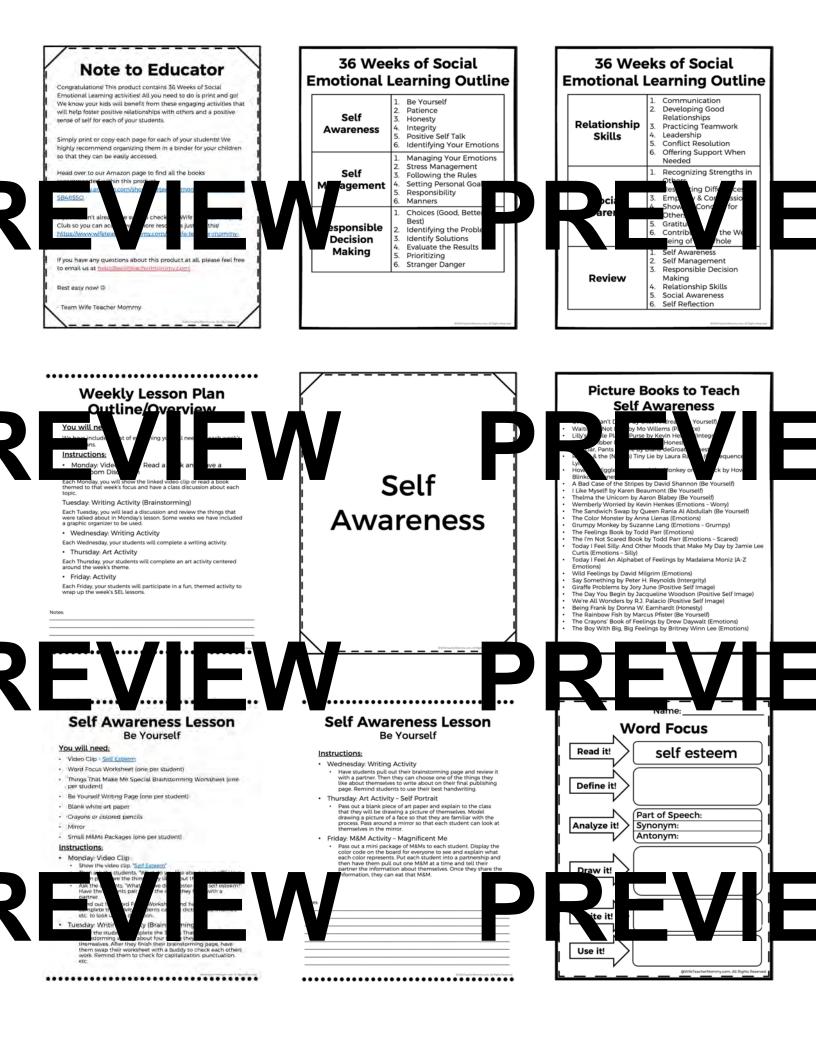
Responsible Decision-Making Lesson Evaluating the Results

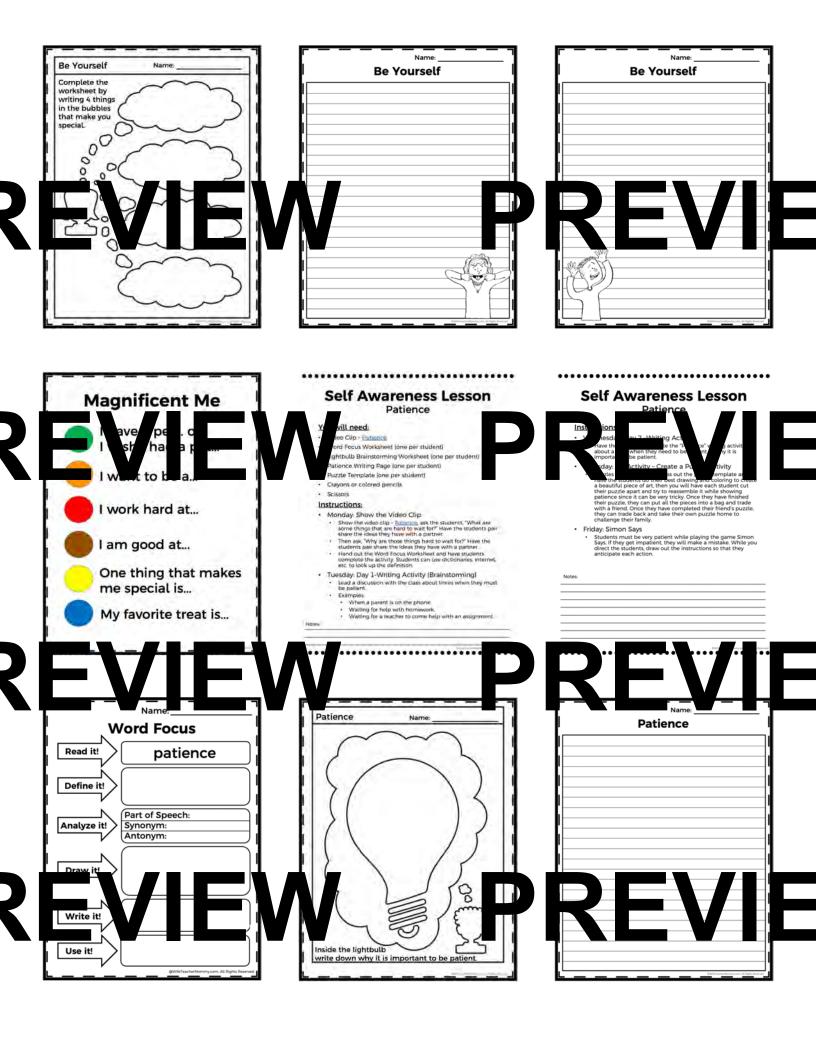
- Wednesday: Day 2- Writing Activity
- Review with the class what a result is then pass out the Evaluation of the Results Writing page to each student and ark the students to think of a problem they had and a choice they had to make. Then, ask them what the results were and if they were the results they were hoping for. Call on a few students to share their ideas with the class to help activate their schema. Then pass out the Evaluate the Results Writing Page and have them write about their problem and the results.
- Thursday: Art Activity Results Matching Cards
 - Hand out the Results Matching Cards worksheet to each student and have them illustrate each scenario. Then they will cut out each card and see if they can match each decision to the result.
- Friday: Activity
- Hand out the Evaluating the Results Worksheet and read aloud each scenario to the class. Then have each student write down what they think the results of that decision would be.

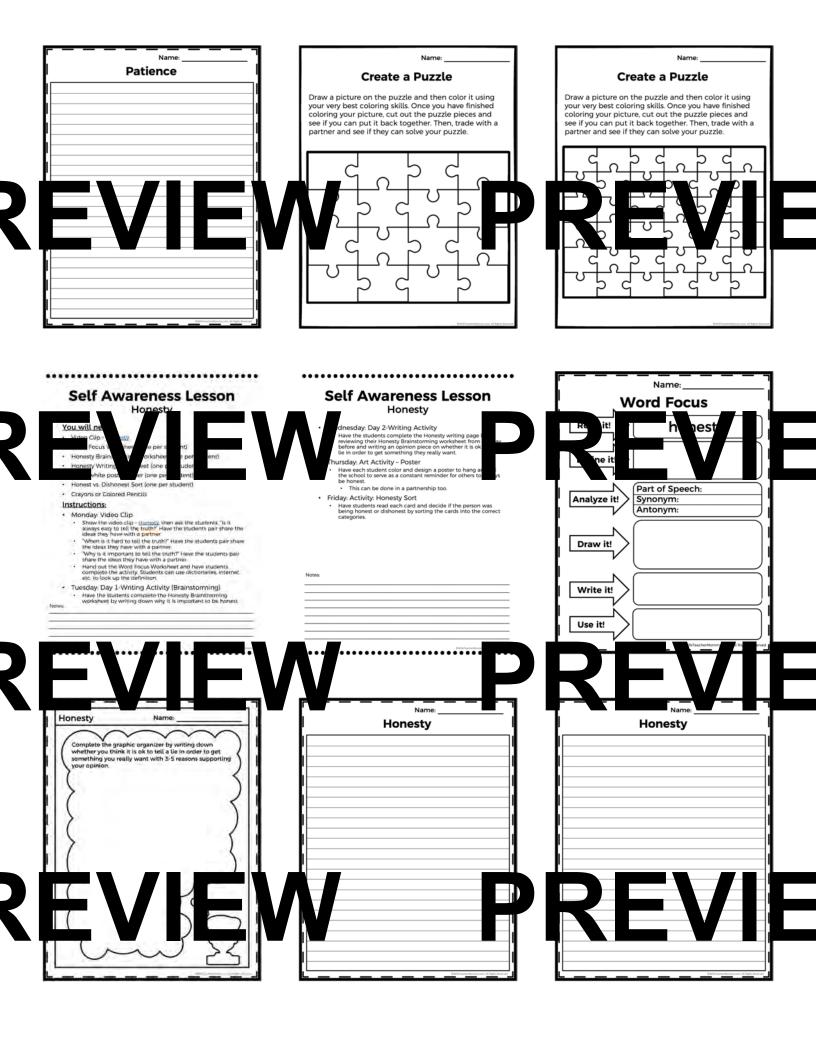
Weekly lesson plans are included for each concept. This will save you time planning so that you can effortlessly plan your week.

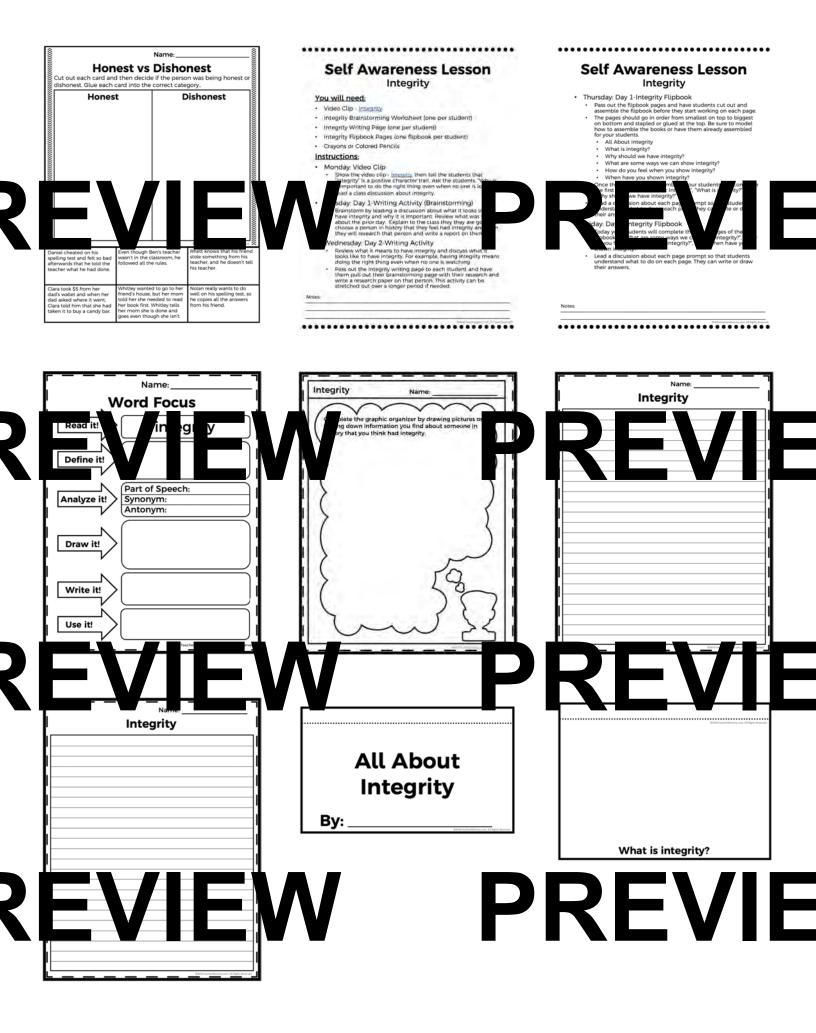
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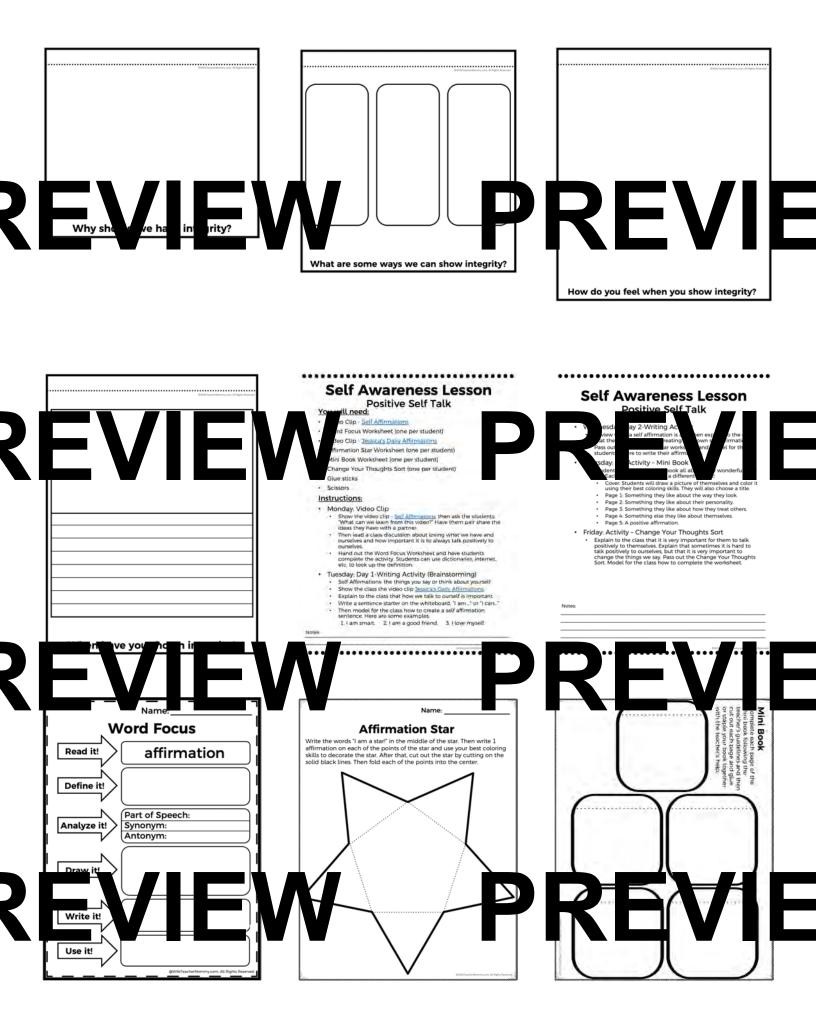
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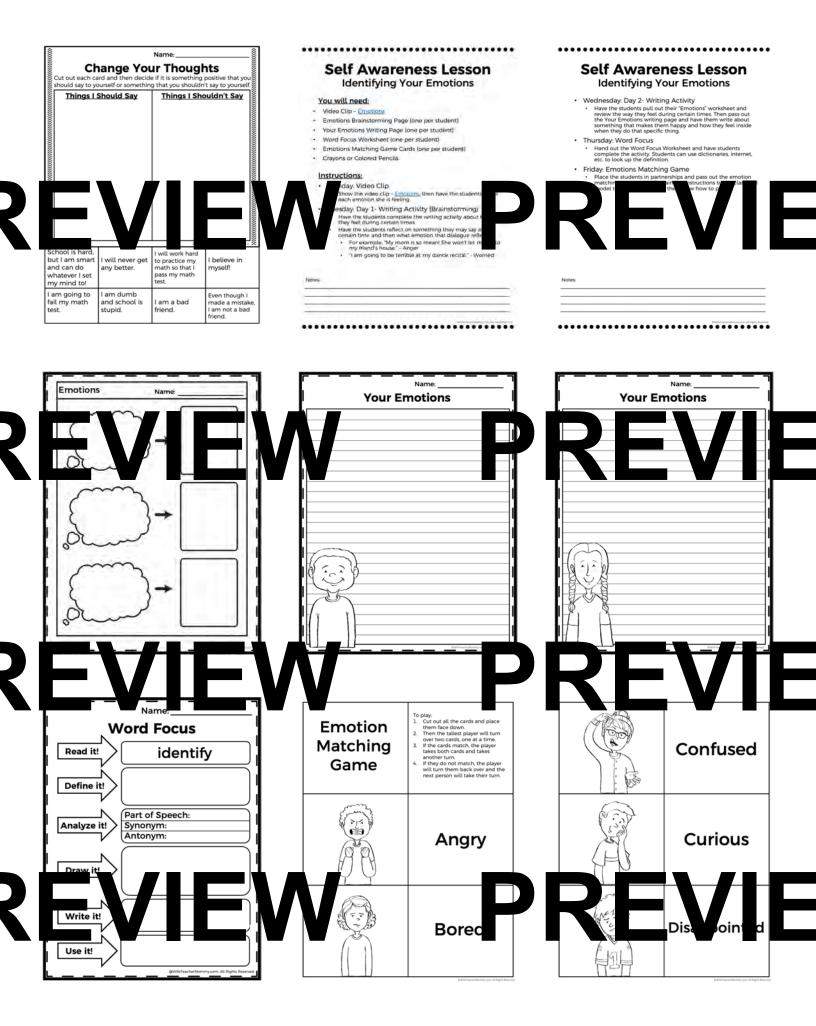


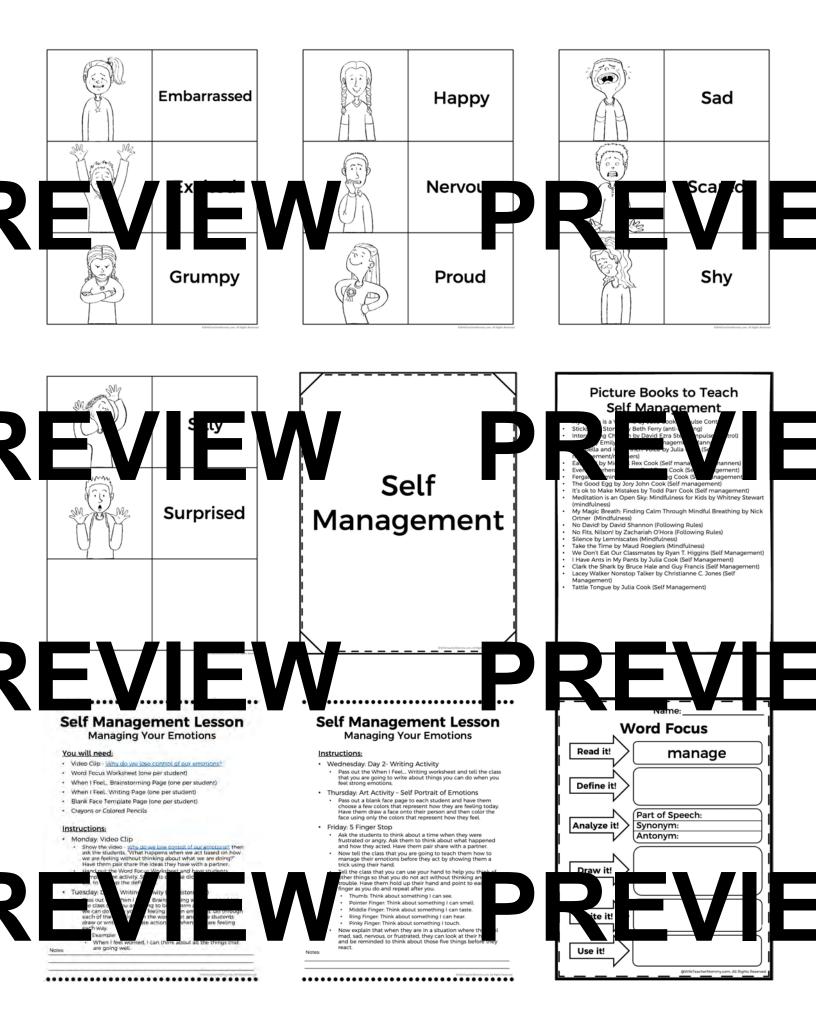


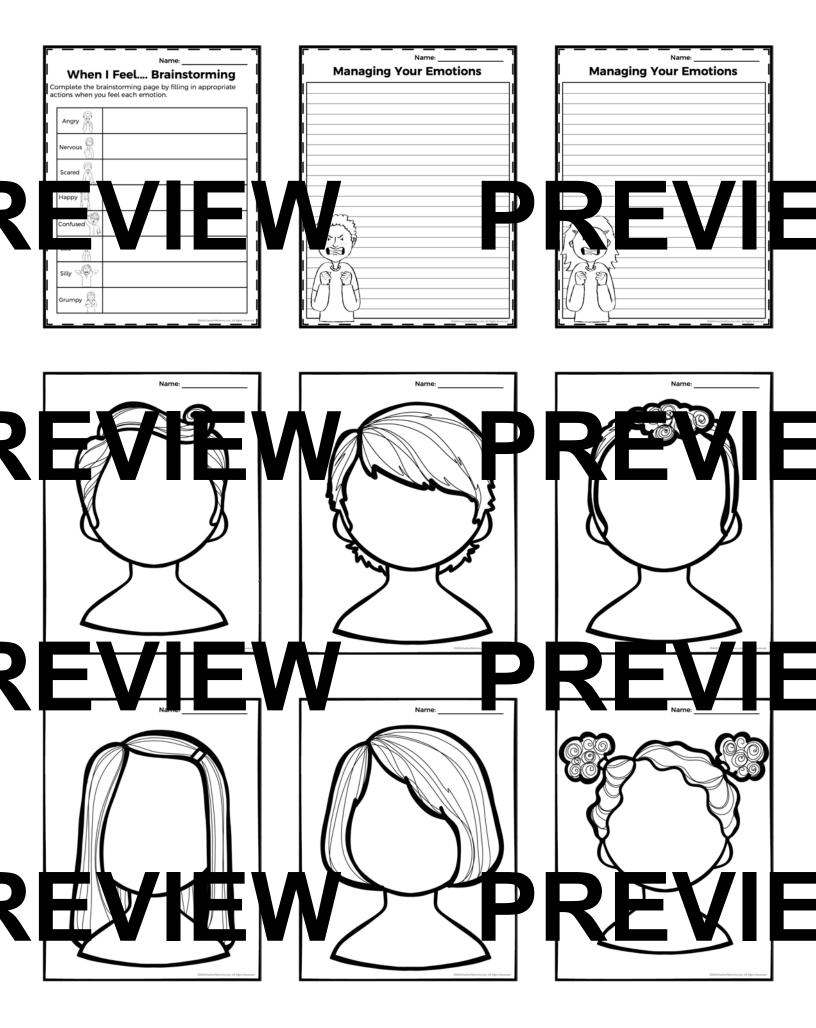


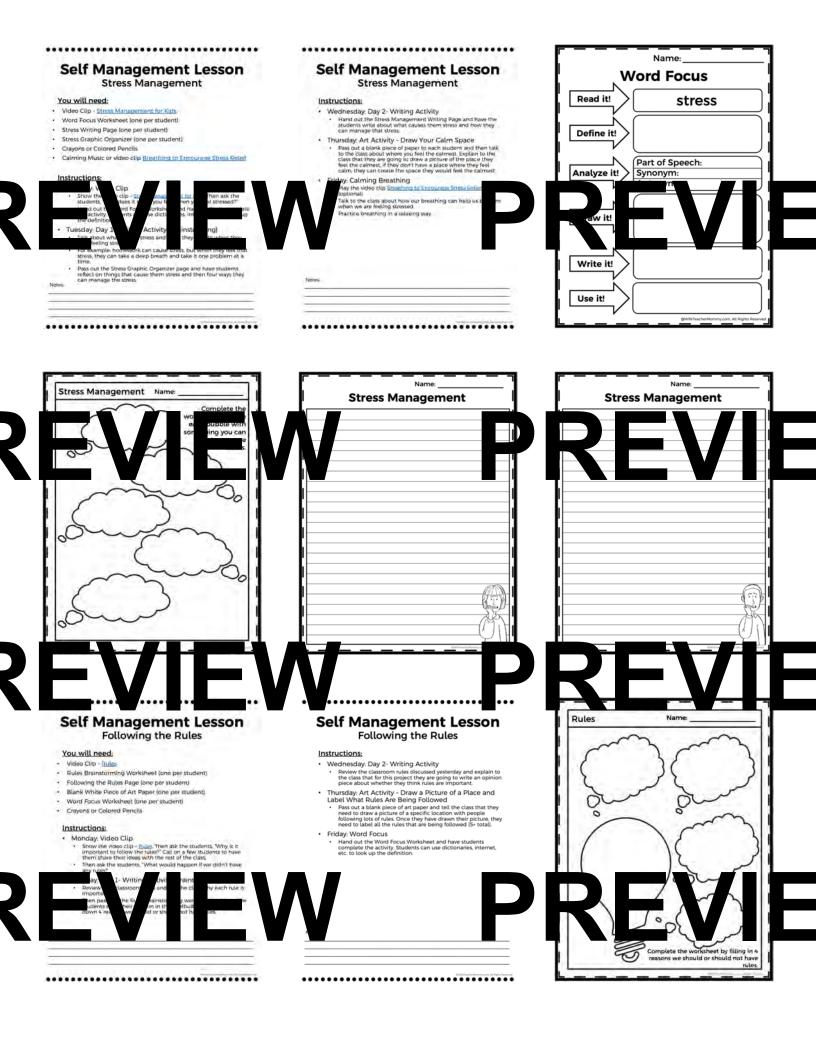


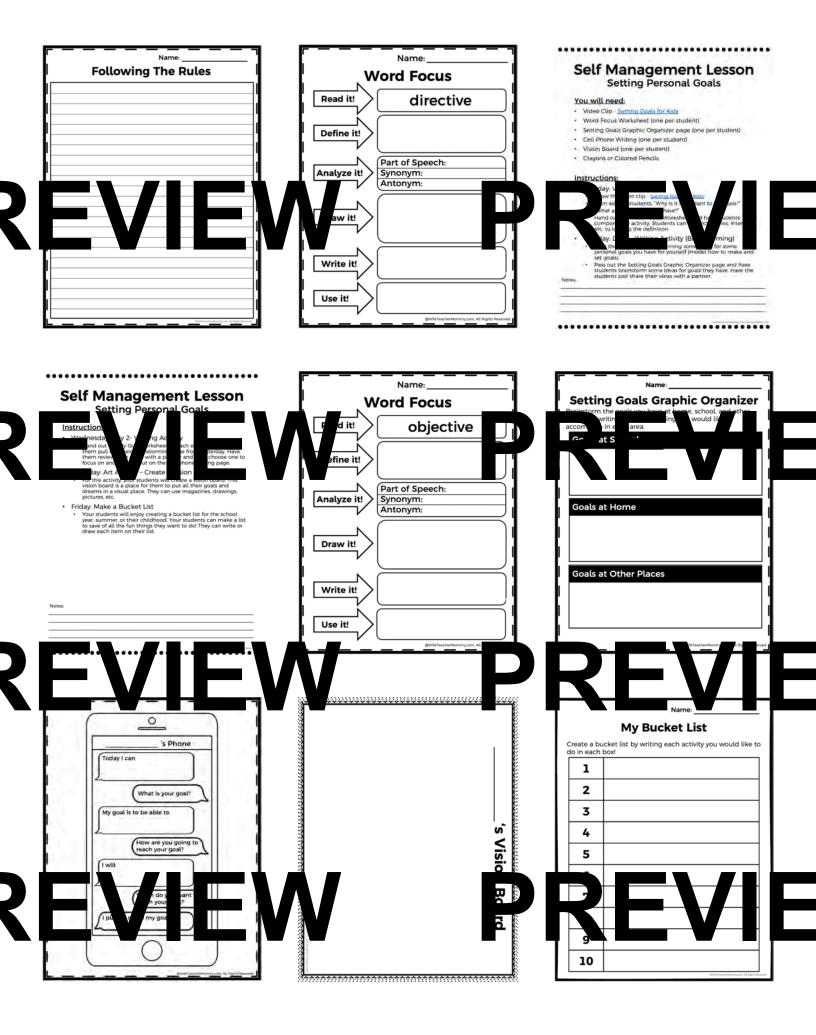


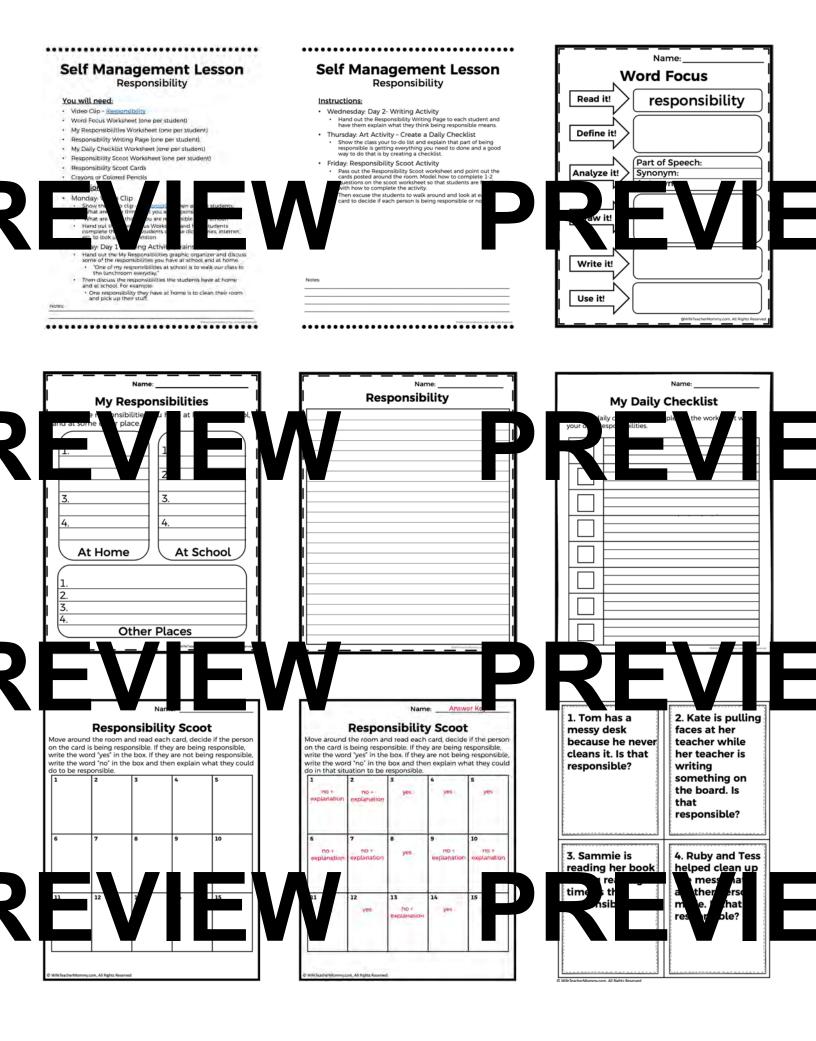


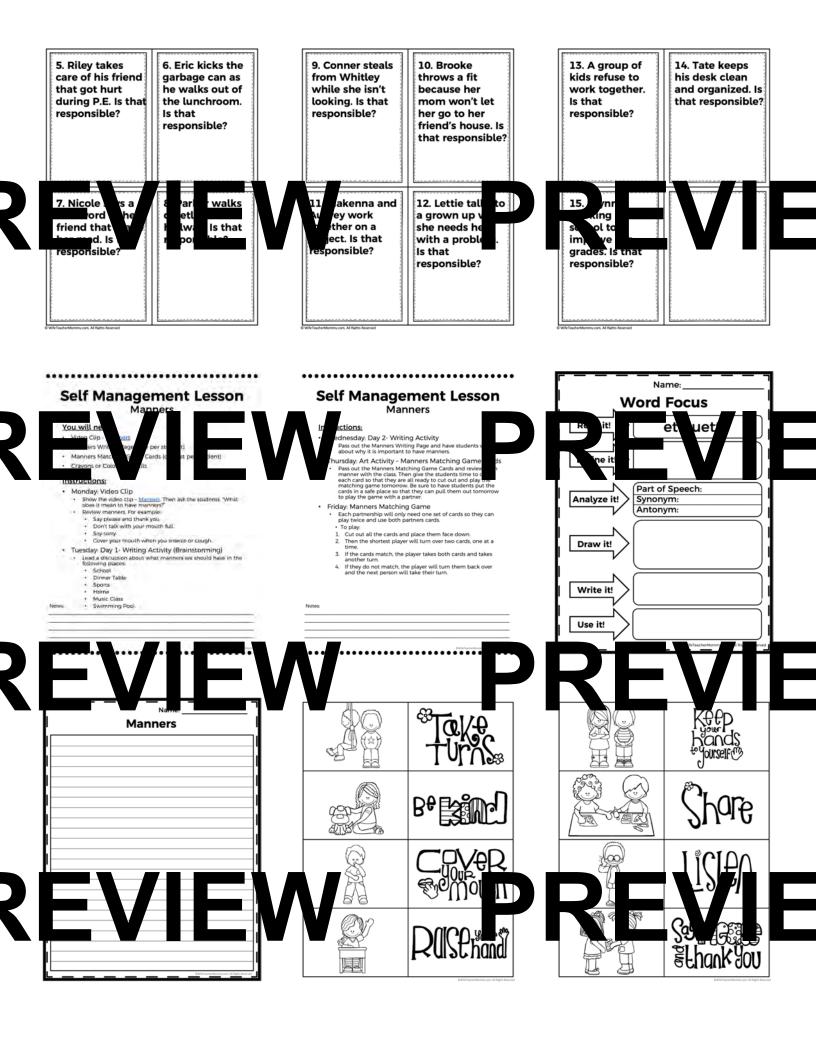


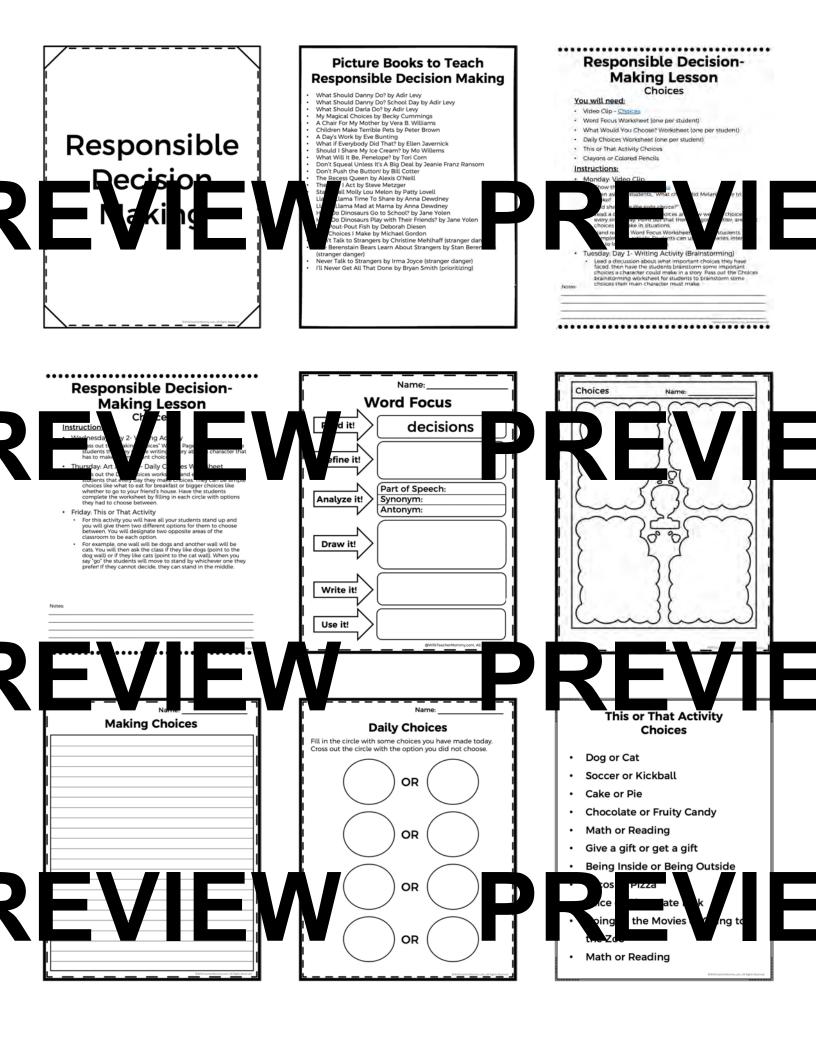


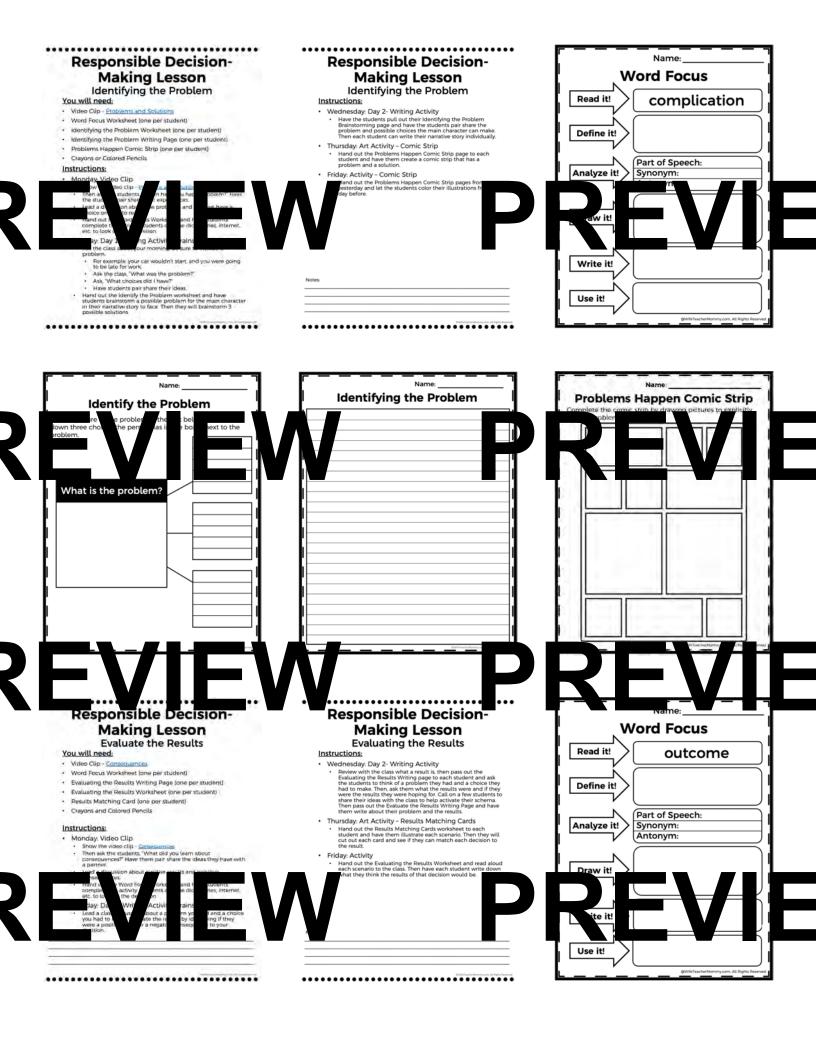


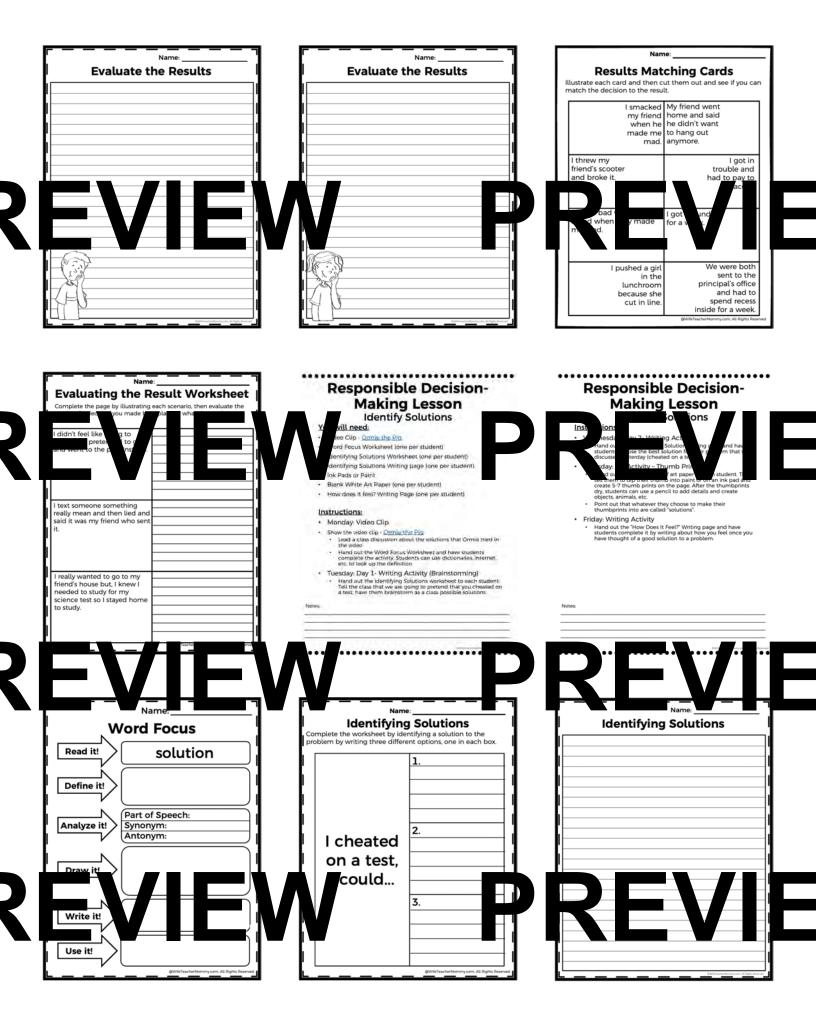


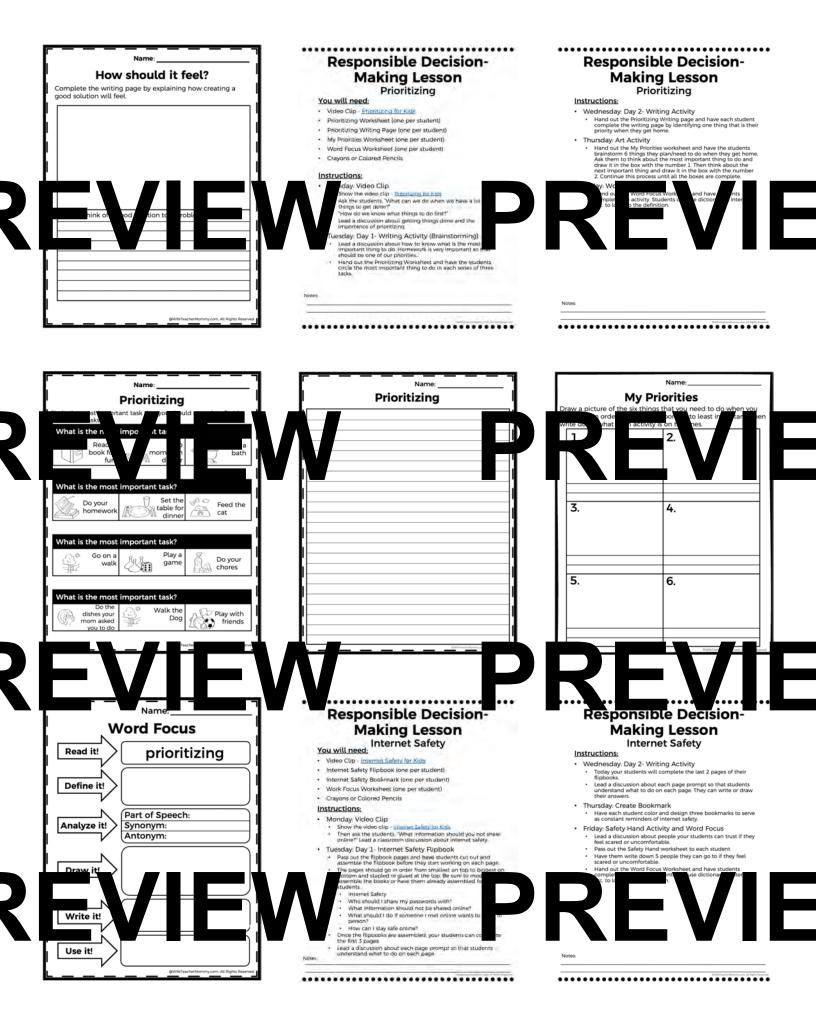


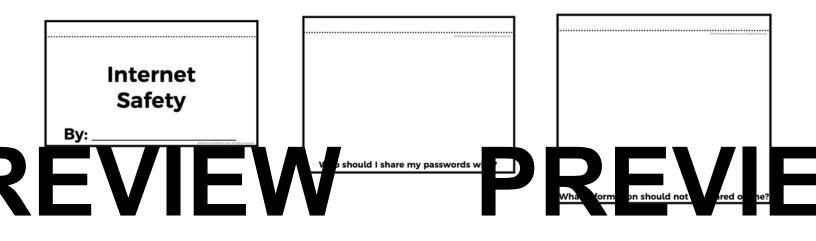


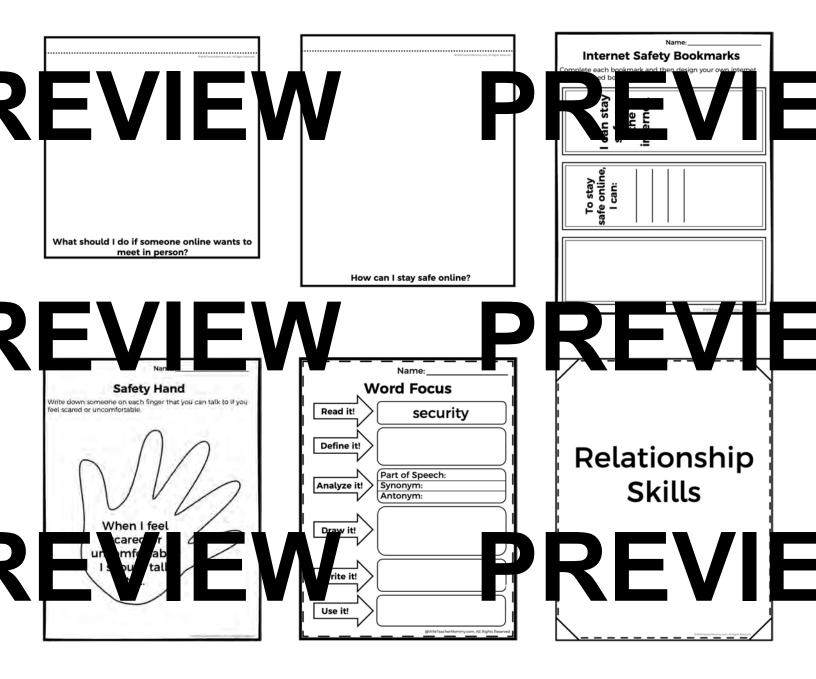


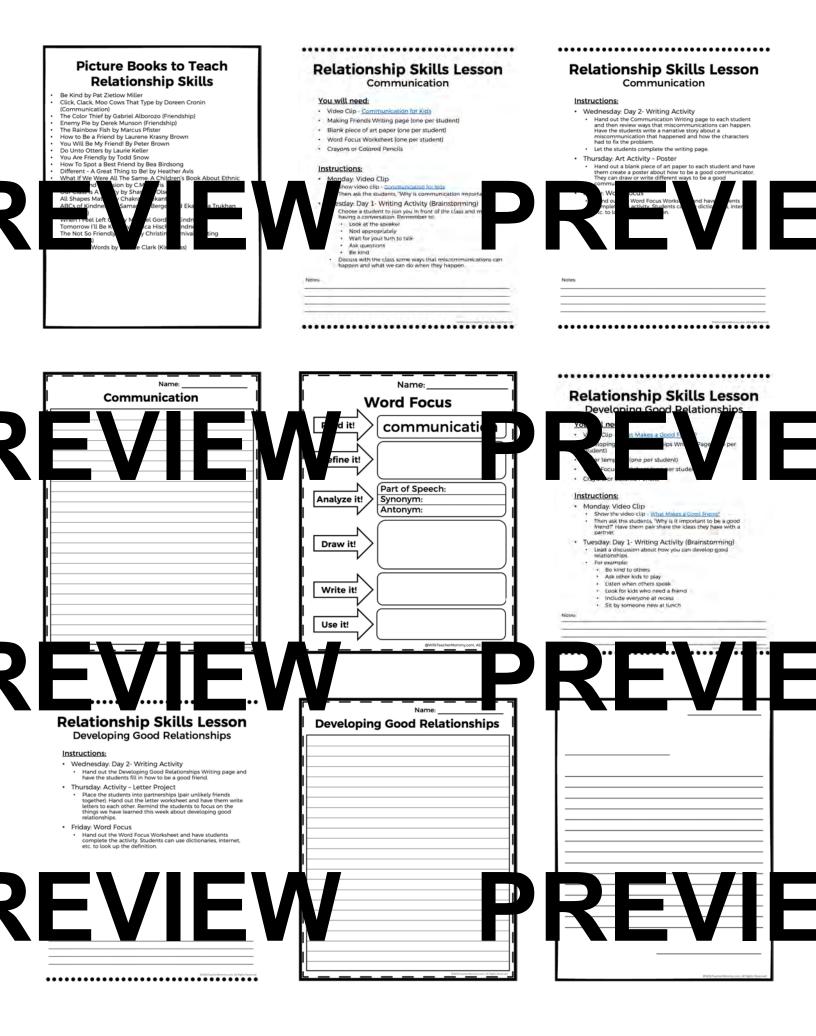


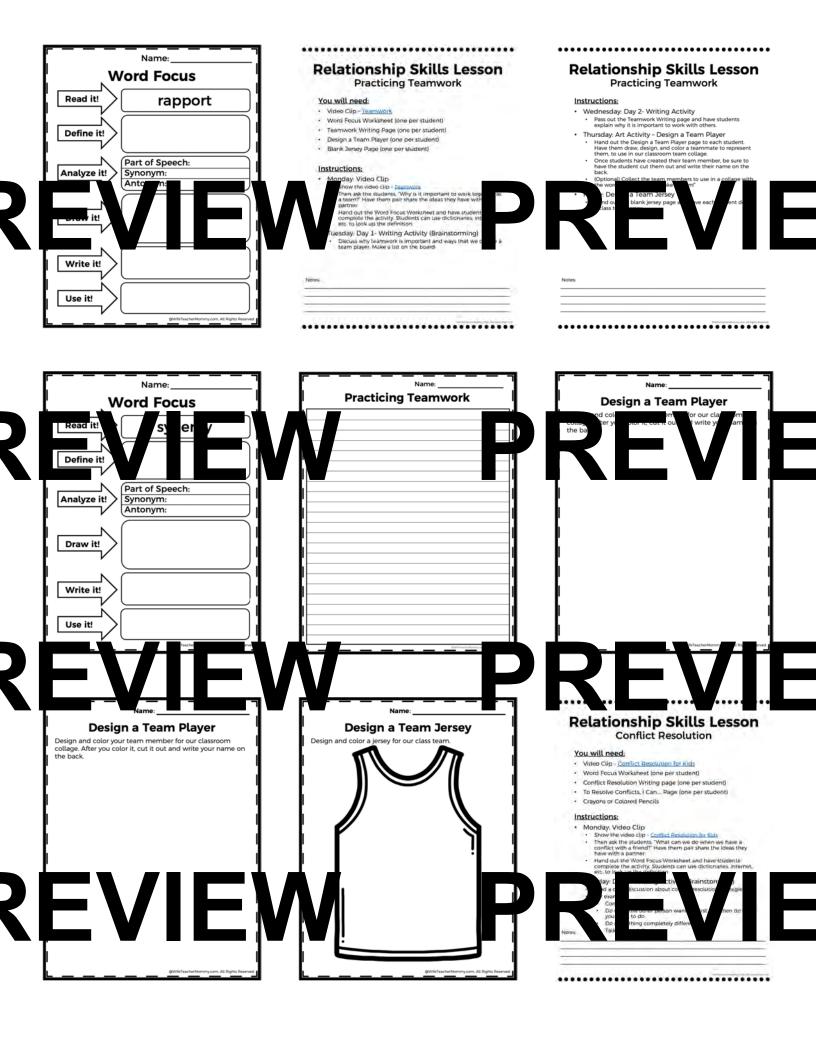


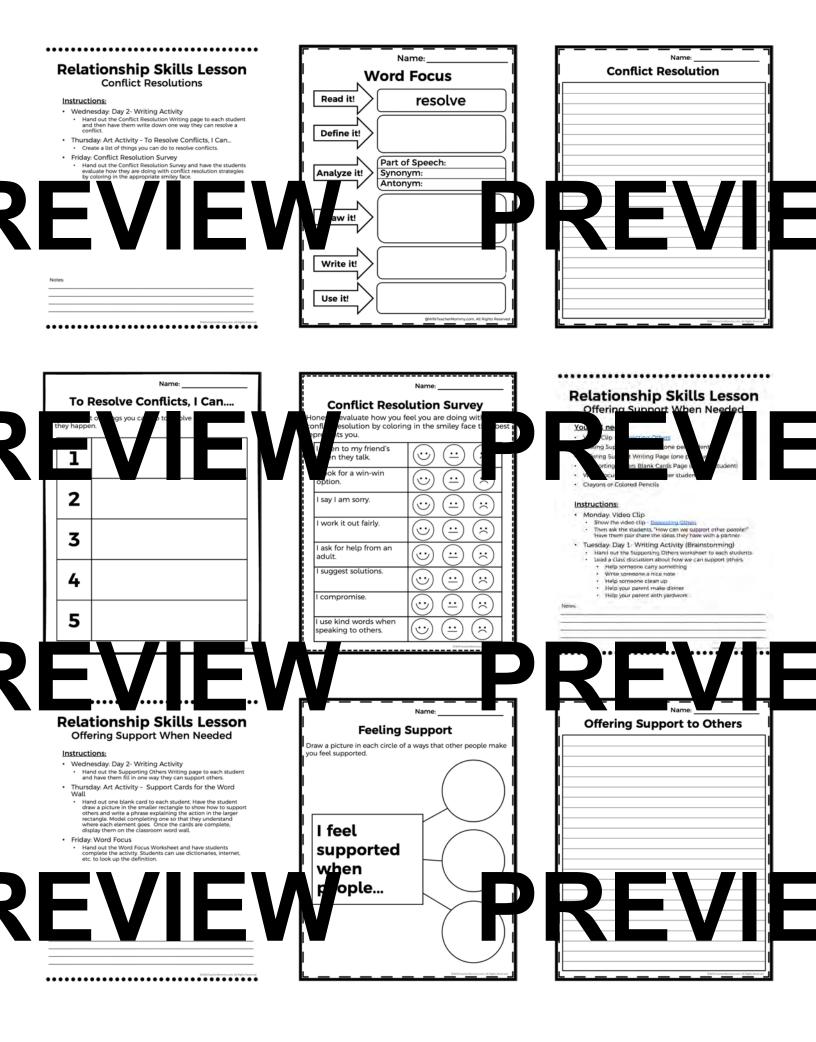


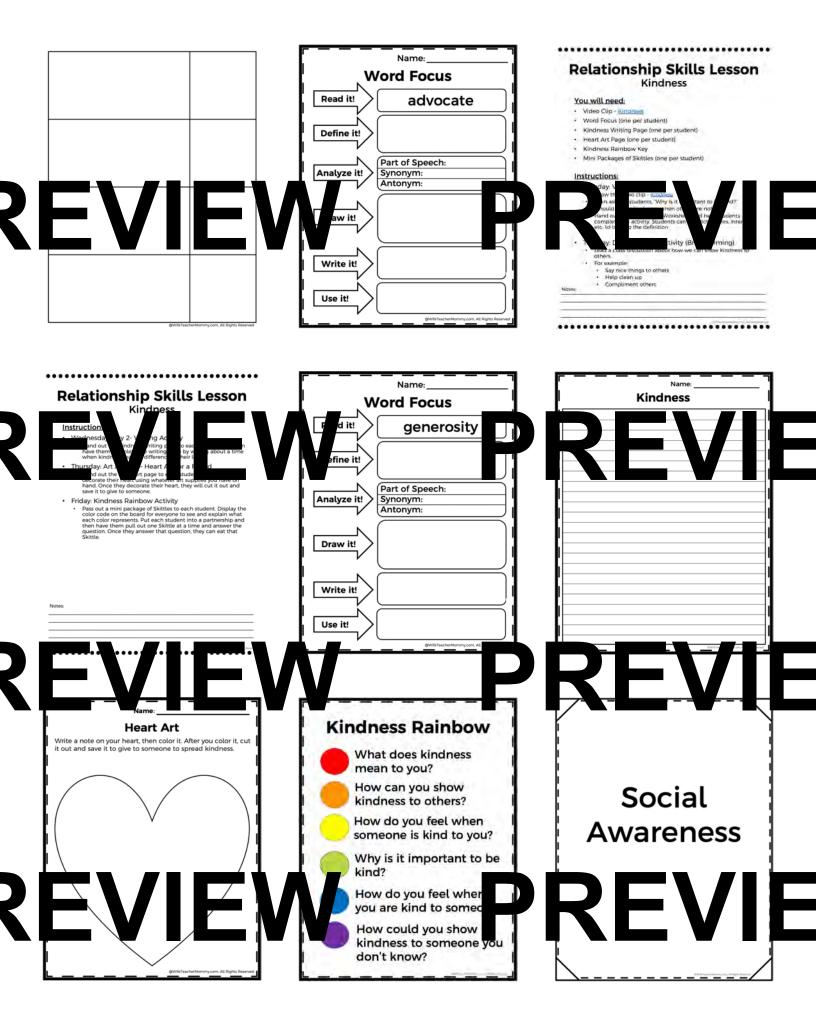


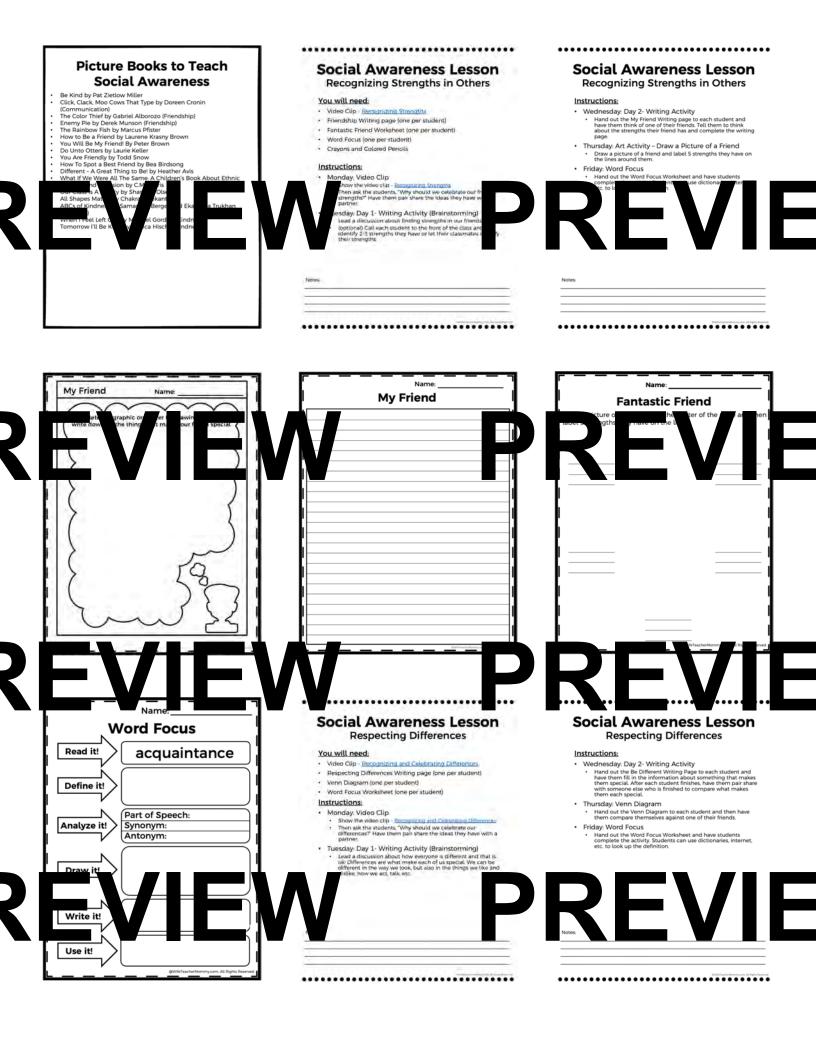


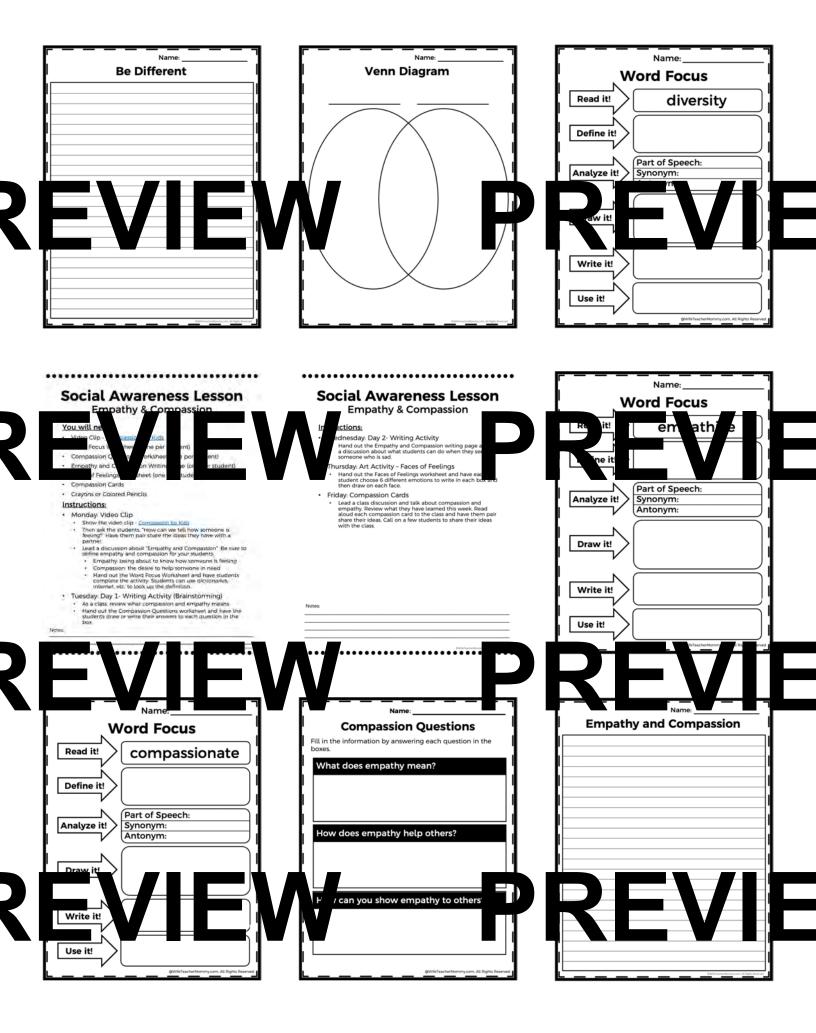


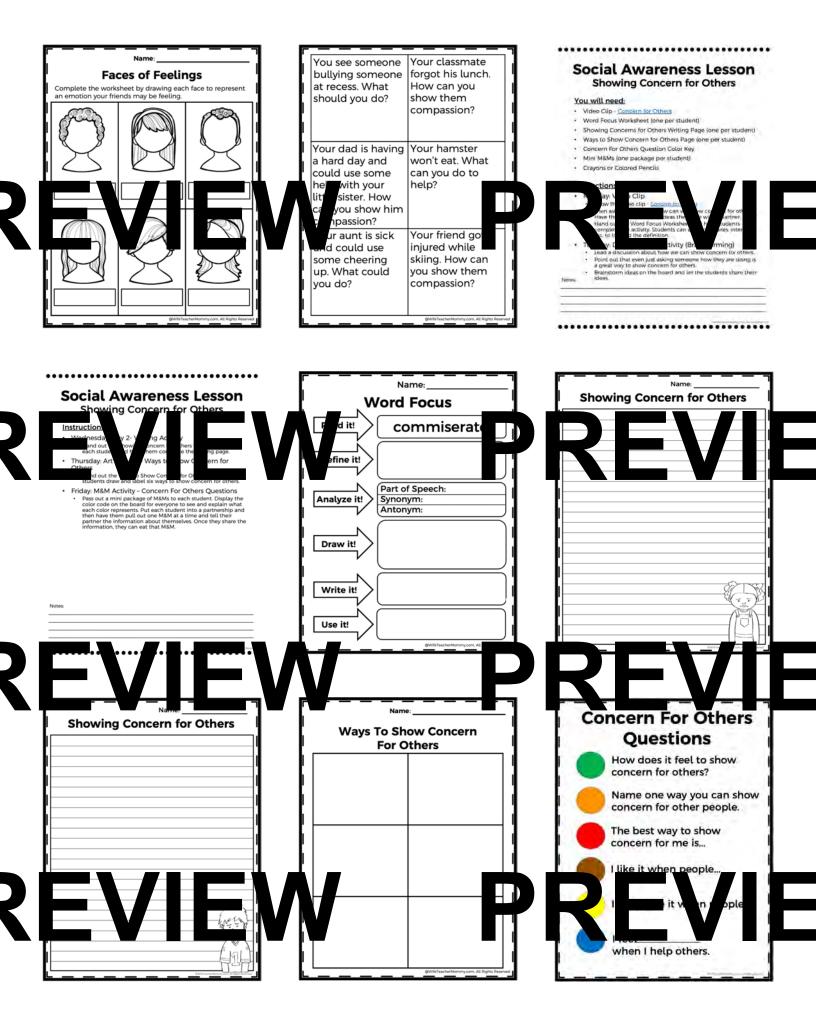


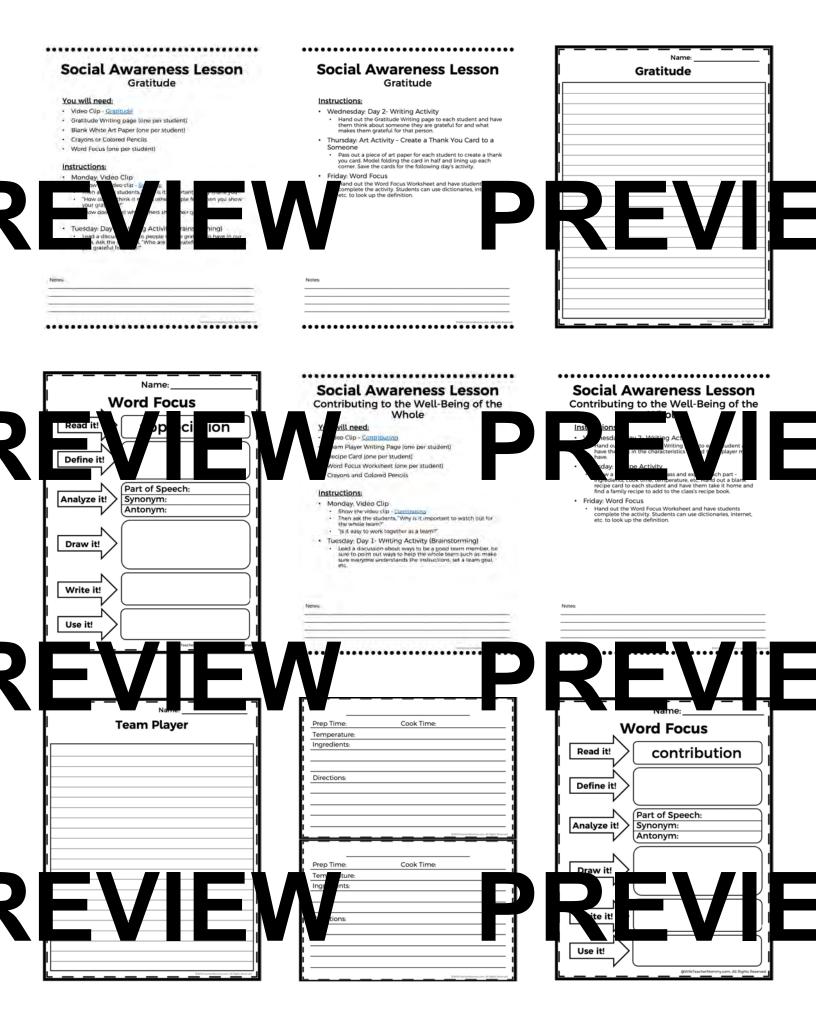


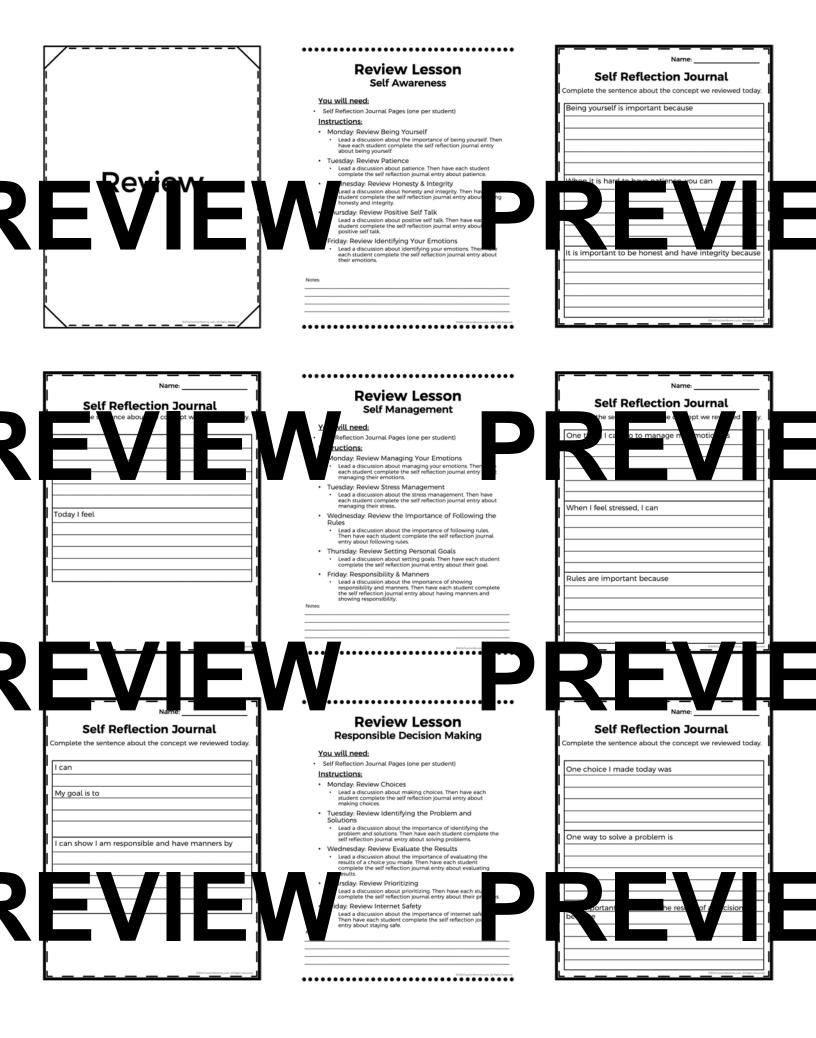


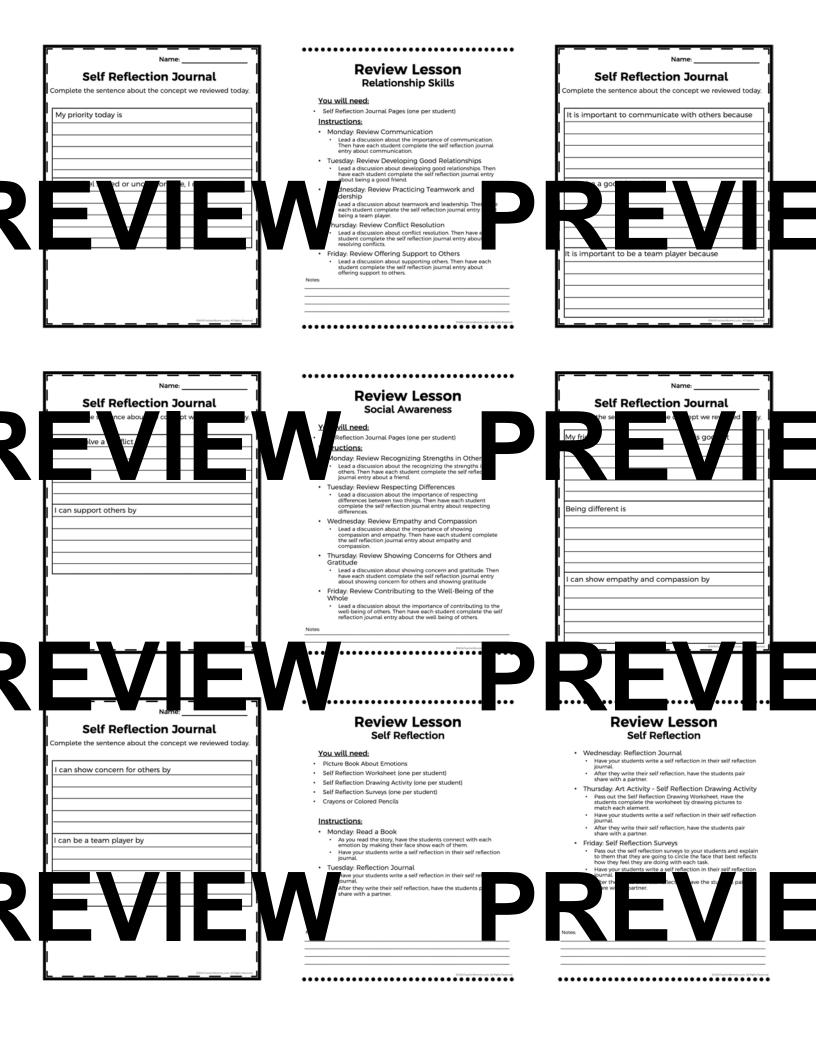


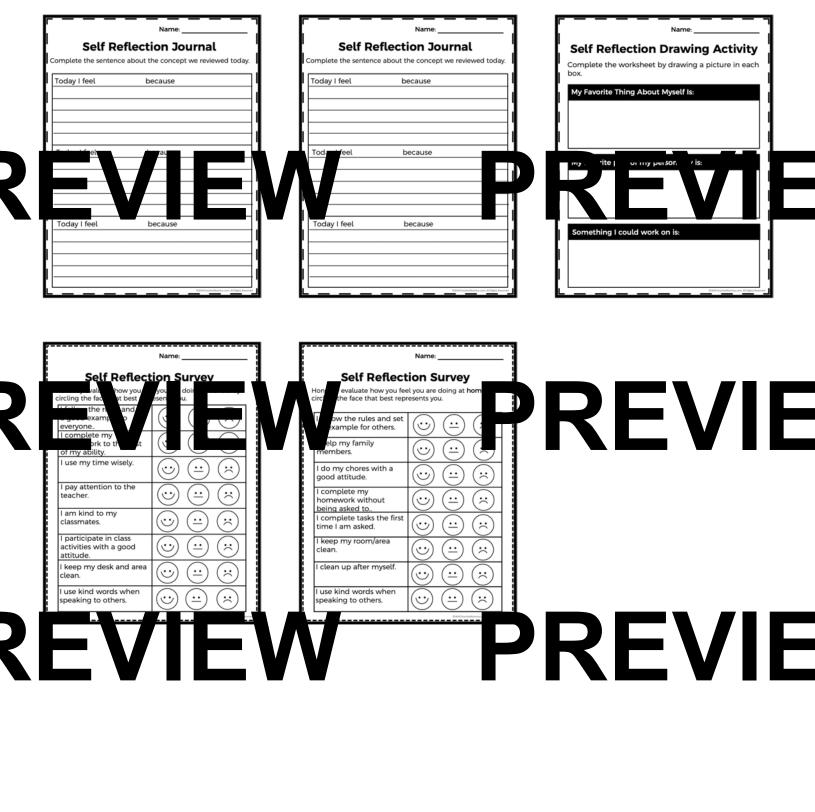












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